



# MISSOURI BOTANICAL GARDEN

4344 Shaw Boulevard • St. Louis, MO • 63110 • (314) 577-9400 • [www.mobot.org](http://www.mobot.org)

**Date:** March 23, 2010

What's growing on  
at the Garden!

## **WHIP UP A SEASONAL DELIGHT WITH COOKING CLASSES FROM THE MISSOURI BOTANICAL GARDEN**

- WHAT:** Food and cooking classes for adults  
**WHEN:** Classes available from Mar. 31 through June 23  
**WHERE:** Missouri Botanical Garden, 4344 Shaw Blvd., south St. Louis  
**COST:** Fees vary by class from \$40 to \$75; discounts for Garden members  
**INFO:** [www.mobot.org/classes](http://www.mobot.org/classes); (314) 577-5140

(ST. LOUIS): Whether you want to save valuable family time and money, or just enjoy socializing and entertaining with friends, cooking at home is a delectable trend to follow. This spring and summer, the Missouri Botanical Garden has invited a sampling of guest instructors to guide you on your culinary pursuits in 17 **seasonal food and cooking classes**. From selecting the best wines to serve at a Memorial Day barbeque to enhancing your table with the healthy flavor of your garden, let the Missouri Botanical Garden be your source for recipes, tips and techniques to make the season a delicious one!

Oenophiles, broaden your palate with a “refresher” course on wine basics, including varietal characteristics and best food and wine pairings, and a class dedicated to the particular flavors found in red wines. Wanting to add an international flair to your recipe repertoire? Explore traditional English “pub grub,” classic Hungarian Chicken Paprikás or light Chinese Dim sum dishes. Learn to use the healthy, home-grown delights of your garden, including mixed greens, mushrooms, herbs, fruits and spices, in your soups, salads, sandwiches and more.

Individual classes range in price from \$40 to \$75, with discounts for Garden members. Advance registration is required; enroll online at [www.mobot.org/classes](http://www.mobot.org/classes) or call (314) 577-5140.

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### **ADD ONE: Cooking classes**

To browse a complete online catalog of the Garden's spring and summer classes by subject, visit [www.mobot.org/classes](http://www.mobot.org/classes).

The Missouri Botanical Garden is located at 4344 Shaw Blvd. in south St. Louis, accessible from Interstate 44 at the Vandeventer exit and from Interstate 64 at the Kingshighway North & South exit. Free parking is available on-site and two blocks west at the corner of Shaw and Vandeventer.

For general information, visit [www.mobot.org](http://www.mobot.org) or call the recorded event line at (314) 577-9400 or toll-free 1 (800) 642-8842.

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**NOTE: Digital images available by request. Download media materials at [www.mobot.org/press](http://www.mobot.org/press).**

The Missouri Botanical Garden's mission is "to discover and share knowledge about plants and their environment in order to preserve and enrich life." Today, 151 years after opening, the Missouri Botanical Garden is a National Historic Landmark and a center for science, conservation, education and horticultural display.

**The Missouri Botanical Garden is located at 4344 Shaw Blvd. in St. Louis, just south of I-44 at Vandeventer-Kingshighway (exit #287B). Open 9 a.m. to 5 p.m. every day except Dec. 25. Grounds open at 7 a.m. Wednesdays and Saturdays (exception: special admission rate events). Admission is \$8; free children ages 12 and under and Garden members. St. Louis City and County residents are \$4 and free Wednesdays and Saturdays until noon (exception: special admission rate events - third weekend of May, Labor Day weekend, and first weekend of October). Park for free on site and two blocks west at the Shaw-Vandeventer intersection. The Garden is easily accessible by taking the MetroLink commuter rail line to the Central West End station and picking up a Metro bus ([www.metrostlouis.org](http://www.metrostlouis.org)). For general information, log on to [www.mobot.org](http://www.mobot.org) or call the 24-hour recording at (314) 577-9400 or 1 (800) 642-8842. For membership information, visit [www.mobot.org/membership](http://www.mobot.org/membership) call (314) 577-5118 during weekday business hours. For volunteer opportunities, visit [www.mobot.org/volunteer](http://www.mobot.org/volunteer) or call (314) 577-5187. The Missouri Botanical Garden is a tobacco-free environment.**